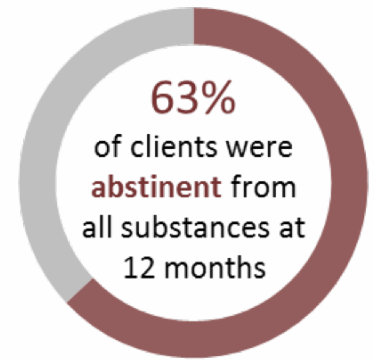
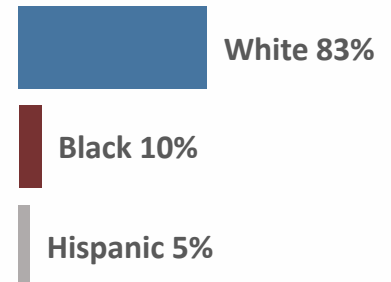
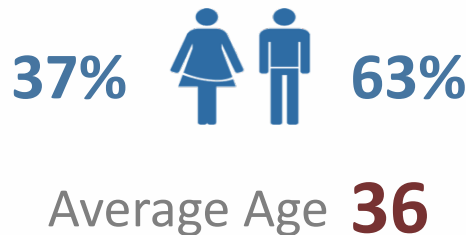
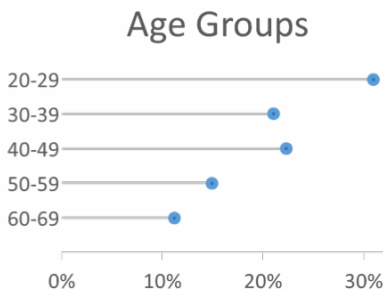


AAC One Year Post Treatment Follow Up Study

American Addiction Centers (AAC) approaches treatment and recovery from a holistic perspective. AAC partnered with Centerstone Research Institute (CRI), an independent non-profit research organization, to implement a post-discharge outcome evaluation to understand how clients are doing up to **one year after treatment**. Findings from the project showed **reductions** in drug and alcohol use, **improvements** in mental and physical health, **decreased** suicidal ideation, and **overall better** family functioning.



12 Month Follow Up Sample

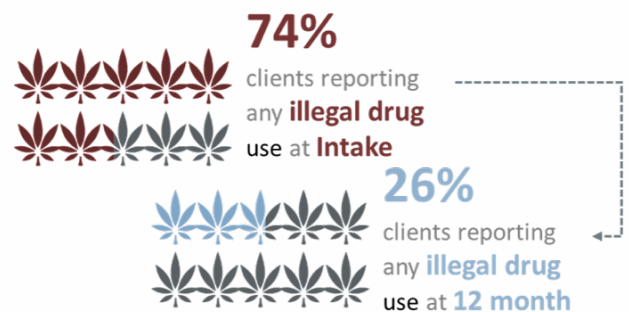


Substance Use

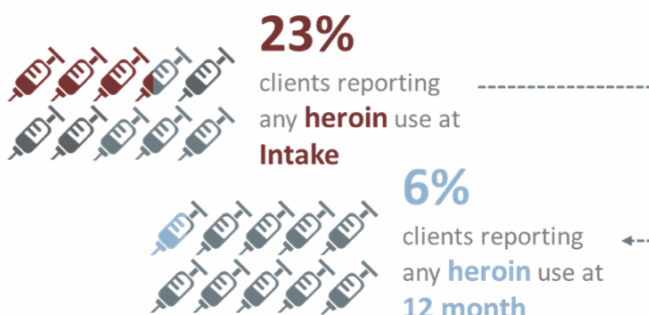
Alcohol



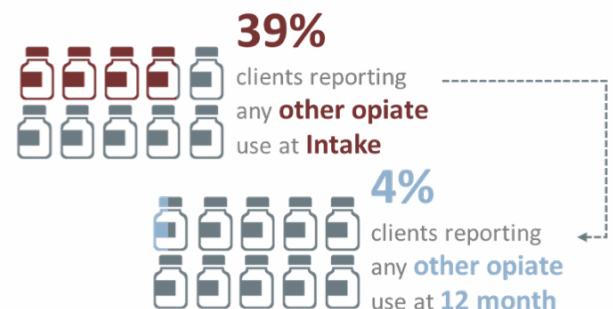
Drugs



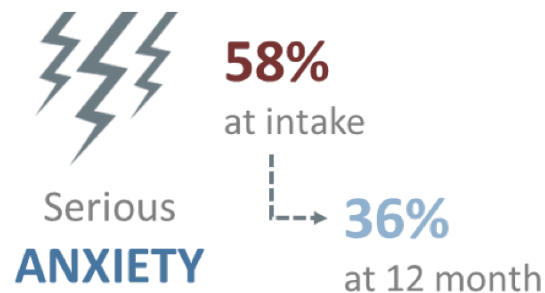
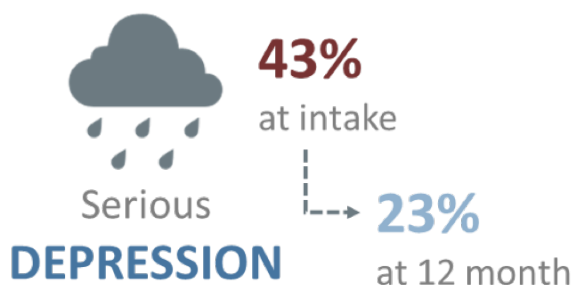
Heroin



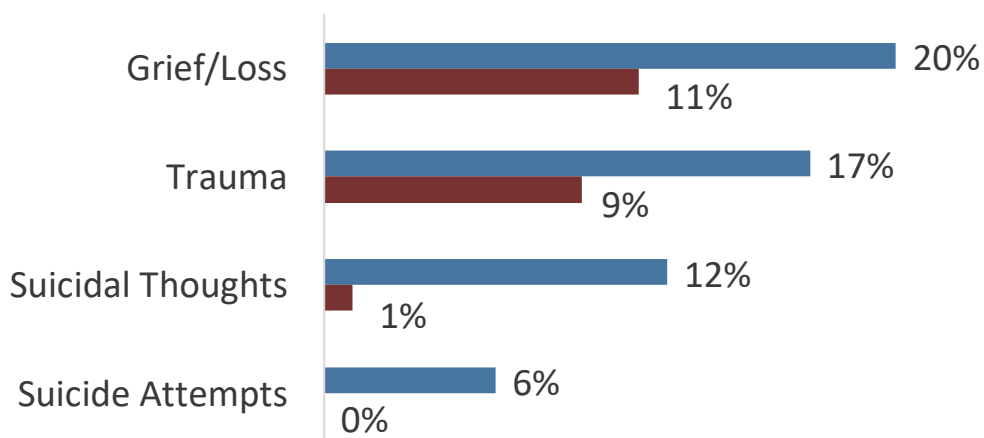
Other Opiates



**Psychiatric
Severity
decreased
59%**



The percent of clients reporting each mental health symptom decreased from intake to 12 month



**Medical
Severity
decreased
58%**



**Family
Severity
decreased
94%**

